

Hillcrest Christian Early Learning Center

Lunch and Snack Menu

July 10th - 14th, 2023

Monday

AM Snack:

Graham Crackers,
Milk

Lunch:

Fish Nuggets^{I.WG},
Green Beans,
Mandarin Oranges^{A.C},
Milk

PM Snack:

Cheese Slice, Wheat
Thins^{WG}, Water

Tuesday

AM Snack:

Waffle^{I.WG}, Milk

Lunch:

Ham and Cheese on
Wheat^{WG}, Carrot
Sticks^A, Mixed Fruit,
Milk

PM Snack:

Cheez-its, Apple
Juice^C

Wednesday

AM Snack:

Corn Puff Cereal^{I.WG},
Milk

Lunch:

Chicken and Rice,
Peas, Pears, Milk

PM Snack:

Chex Mix, Bananas^C

Thursday

AM Snack:

Bagel with Cream
Cheese, Milk

Lunch:

Chicken Nuggets^{I.WG},
French Fries,
Applesauce, Milk

PM Snack:

Tortilla Chips^{WG} with
Cheese Dip, Apple
Juice^C

Friday

AM Snack:

Biscuit with Jelly,
Milk

Lunch:

Turkey Hot Dog on
Wheat Bun^{I.WG}, Mixed
Veggies, Oranges^C,
Milk

PM Snack:

Cucumbers, Assorted
Crackers, Water

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source

"This institution is an equal opportunity provider."