

Hillcrest Christian Early Learning Center

Lunch and Snack Menu

January 15th-19th, 2023

| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
|--|--|--|---|---|
| AM Snack: | AM Snack: | AM Snack: | AM Snack: | AM Snack: |
| Apple Cinnamon Cereal ^{I.WG} , Milk | Cinnamon Toast ^{I.WG} , Milk | Warm Cinnamon Apples, Milk | Banana Bread, Milk | Egg and Cheese Melt, Milk |
| Lunch: | Lunch: | Lunch: | Lunch: | Lunch: |
| Pizza Bagels, Peas ^C , Mixed Fruit, Milk | Beef Taco, Salad Mix ^A , Pineapple ^C , Corn, Tortilla Chips ^{WG} , Milk | Ham and Cheese on Wheat ^{I.WG} , Carrot Sticks, Peaches, Milk | Chicken Rotini ^{I.WG} Mixed Veggies, Pears, Milk | Chicken Nuggets ^{I.WG} , Mashed Potatoes, Apricots ^A , Milk |
| PM Snack: | PM Snack: | PM Snack: | PM Snack: | PM Snack: |
| Cheese Slice, Assorted Crackers, Water | Craisins and Cereal Mix, Water | Cheez-its, Apple Juice ^C | Goldfish Crackers, Apple Juice ^C | Orange Slices ^C , Ritz Crackers, Water |

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source

"This institution is an equal opportunity provider."