

Hillcrest Christian Early Learning Center

Lunch and Snack Menu

January 23rd - 27th, 2023

Monday

AM Snack:

Corn Puff Cereal^{I,WG},
Milk

Lunch:

Fish Nuggets^{WG},
Green Beans,
Mandarin Oranges^{A,C},
Milk

PM Snack:

Animal Crackers, Milk

Tuesday

AM Snack:

Waffle^{I,WG}, Milk

Lunch:

Cheesy Tuna Noodle
Casserole, Peas, Pears,
Milk

PM Snack:

Cheez-its, Assorted
Juices^C

Wednesday

AM Snack:

Bagel with Cream
Cheese, Milk

Lunch:

Ham and Cheese on
Wheat^{I,WG}, Carrot
Sticks^A, Mixed Fruit,
Milk

PM Snack:

Chex Mix, Bananas^C

Thursday

AM Snack:

Graham Crackers,
Milk

Lunch:

Chicken Patty on
Wheat Bun^{I,WG},
French Fries,
Applesauce, Milk

PM Snack:

Tortilla Chips^{WG} with
Cheese Dip, Assorted
Juices^C

Friday

AM Snack:

Biscuit with Jelly,
Milk

Lunch:

Turkey Hot Dog on
Wheat Bun^{I,WG}, Mixed
Veggies, Oranges^C,
Milk

PM Snack:

Cheese Slice, Wheat
Thins^{WG}, Water

"This institution is an equal opportunity provider."

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source