Hillcrest Christian Early Learning Center Lunch and Snack Menu November 27- December 1st, 2023

<u>Monday</u>	Tuesday	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
AM Snack:	AM Snack:	AM Snack:	AM Snack:	AM Snack:
Corn Puff Cereal ^{I,WG} , Milk	Breakfast Bites ^{, I,WG} Milk	Mini Muffins, Milk	Combo Bar, Milk	Animal Crackers, Milk
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Chicken and Cheese Quesadilla, Mixed Veggies, Pears, Milk	Chili with Beef and Beans, Saltine Crackers, Corn, Applesauce ^c , Milk	Turkey and Cheese on Wheat ^{I,WG} , Carrot Sticks ^A , Peaches, Milk	Chicken Tortellini ^I with Alfredo Sauce, Peas, Mixed Fruit, Milk	Hamburger on Wheat Bun ^{I,WG} , Green Beans, Mandrain Oranges ^A , Milk
PM Snack:	PM Snack:	PM Snack:	PM Snack:	PM Snack:
Chex Mix, Apple Juice ^c	Watermelon ^c , Assorted Crackers, Water	Trail Mix (Cheerios, Pretzels, GoldFish), Oranges ^c , Water	Ritz Crackers, Bananas ^c , Water	Tortilla Chips ^{I,WG} with Cheese Dip, Apple Juice ^C

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

C = Vitamin C source

A = Vitamin A source I = Iron source

WG = Whole Grain source

"This institution is an equal opportunity provider."