

# Hillcrest Christian Early Learning Center

## Lunch and Snack Menu

December 11th-15th, 2023

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
<b>AM Snack:</b>	<b>AM Snack:</b>	<b>AM Snack:</b>	<b>AM Snack:</b>	<b>AM Snack:</b>
Cinnamon Toast <sup>I.WG</sup> , Milk	Banana Bread <sup>I.WG</sup> , Milk	Sausage on English Muffin, Milk	Brown Sugar Oatmeal, Milk	Yogurt with Blueberries, Milk
<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>
Beef Fingers <sup>I</sup> , French Fries, Applesauce, Milk	Chicken Rotini <sup>I.WG</sup> Alfredo, Mixed Veggies <sup>A</sup> , Pears, Milk	Ham and Cheese Sandwiches <sup>I.WG</sup> , Carrot Sticks <sup>A</sup> , Apricots <sup>C</sup> , Milk	Salisbury Steak, Mashed Potatoes, Wheat Roll <sup>I.WG</sup> , Pineapple <sup>C</sup> , Milk	Macaroni and Cheese with Little Smokies <sup>I.WG</sup> , Peas, Mixed Fruit, Milk
<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>
Trail Mix (Chex Cereal, Pretzels, Goldfish), Apple Juice <sup>C</sup>	Chex Mix, Apple Juice <sup>C</sup>	Wheat Thins, Cheese Sticks, Water	Apples <sup>C</sup> , Assorted Crackers, Water	Animal Crackers, Apple Juice <sup>C</sup>

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

**C** = Vitamin C source

**A** = Vitamin A source

**I** = Iron source

**WG** = Whole Grain source

"This institution is an equal opportunity provider."