

Hillcrest Christian Early Learning Center

Lunch and Snack Menu

October 23rd-27th, 2023

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
AM Snack:	AM Snack:	AM Snack:	AM Snack:	AM Snack:
Goldfish Graham Cracker, Milk	Bagel with Cream Cheese, Milk	Apple Cinnamon Cereal ^{I.WG} , Milk	Mini Muffins, Milk	Waffle ^{I.WG} , Milk
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
BBQ Meatballs, Wheat Roll ^{I.WG} , Corn, Apples, Milk	Turkey Hot Dog on Wheat Bun ^{I.WG} , Mixed Veggies, Pears ^C , Milk	Beef Ravioli, Wheat Bread, Salad Mix ^A , Mixed Fruit, Milk	Beef Bologna and Cheese on Wheat ^{I.WG} , Carrot Sticks ^A , Oranges ^C , Milk	Pork and Beans ^I , Wheat Bread ^{WG} , Little Smokies, Peas, Pineapple ^C , Milk
PM Snack:	PM Snack:	PM Snack:	PM Snack:	PM Snack:
Cheez-its, Apple Juice ^C	Cucumbers, Assorted Crackers, Water	Pita Bread, Hummus, Apple Juice ^C	Chex Mix, Watermelon, Water	Assorted Crackers, Cheese Slice, Water

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source

"This institution is an equal opportunity provider."