

Hillcrest Christian Early Learning Center

Lunch and Snack Menu

January 16th - 20th, 2023

Monday

AM Snack:

Goldfish Graham
Crackers^{I.WG}, Milk

Lunch:

Chicken and Rice,
Mixed Veggies,
Apples, Milk

PM Snack:

Goldfish Crackers,
Assorted Juices^C

Tuesday

AM Snack:

Whole Wheat English
Muffin^{I.WG} with
Melted Cheese, Milk

Lunch:

Beef Ravioli, Salad
Mix^A, Pears, Wheat
Roll^{WG}, Milk

PM Snack:

Cinnamon Spice Bread,
Assorted Juices^C

Wednesday

AM Snack:

Apple Cinnamon
Cereal^{I.WG}, Milk

Lunch:

Beef Bologna and
Cheese on Wheat^{WG},
Green Beans,
Peaches^A, Milk

PM Snack:

Chex Mix, Assorted
Juices^C

Thursday

AM Snack:

Blueberry Bagel with
Cream Cheese, Milk

Lunch:

Cheese Pizza^{I.WG},
Corn, Mixed Fruit^C,
Milk

PM Snack:

Assorted Crackers,
Cheese Slice, Water

Friday

AM Snack:

Breakfast Bites^{I.WG},
Milk

Lunch:

Macaroni and Cheese
with Little Smokies,
Peas, Pineapple^C, Milk

PM Snack:

Animal Crackers,
Bananas, Water

"This institution is an equal opportunity provider."

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source