

Hillcrest Christian Early Learning Center

Lunch and Snack Menu

October 16th-20th, 2023

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
AM Snack: Zucchini Bread, Milk	AM Snack: Cinnamon Toast ^{I.WG} , Milk	AM Snack: Sausage on English Muffin, Milk	AM Snack: Brown Sugar Oatmeal, Milk	AM Snack: Yogurt with Blueberries, Milk
Lunch: Pizza Pita Pocket ^{IA} , Corn, Applesauce, Milk	Lunch: Chicken Nachos, Salad Mix, Mixed Fruit, Milk	Lunch: Ham and Cheese Wraps ^{I.WG} , Carrot Sticks ^A , Apricots ^C , Milk	Lunch: Salsbury Steak, Mashed Potatoes, Wheat Roll ^{I.WG} , Pineapple ^C , Milk	Lunch: Bean and Cheese Burrito ^{I.WG} , Corn, Pears, Milk
PM Snack: Trail Mix (Chex Cereal, Craisins, Goldfish), Apple Juice ^C	PM Snack: Chex Mix, Apple Juice ^C	PM Snack: Wheat Thins, Cheese Sticks, Water	PM Snack: Cantaloupe ^C , Assorted Crackers, Water	PM Snack: Animal Crackers, Apple Juice ^C

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source

"This institution is an equal opportunity provider."