

# Hillcrest Christian Early Learning Center

## Lunch and Snack Menu

July 24th - 28th, 2023

### Monday

#### AM Snack:

Combo Bar, Milk

#### Lunch:

Cheese Pizza<sup>I.WG</sup>,  
Mixed Veggies,  
Mandarin Oranges<sup>C</sup>,  
Milk

#### PM Snack:

Ritz Crackers, Apples,  
Water

### Tuesday

#### AM Snack:

English Muffin<sup>I</sup> with  
Jelly, Milk

#### Lunch:

Beef Taco, Salad  
Mix<sup>A</sup>, Pineapple<sup>C</sup>, Corn  
Tortilla Chips<sup>WG</sup>, Milk

#### PM Snack:

Cheese Slice, Variety  
Cracker Medley,  
Water

### Wednesday

#### AM Snack:

Bagel with Cream  
Cheese, Milk

#### Lunch:

Chicken Strips<sup>I.WG</sup>,  
French Fries, Mixed  
Fruit, Milk

#### PM Snack:

Graham Crackers,  
Apple Juice<sup>C</sup>

### Thursday

#### AM Snack:

Corn Puff Cereal<sup>I.WG</sup>,  
Milk

#### Lunch:

Ground Turkey Chili  
Mac, Peas, Pears, Milk

#### PM Snack:

Animal Crackers,  
Bananas<sup>C</sup>, Water

### Friday

#### AM Snack:

Waffle<sup>I.WG</sup>, Milk

#### Lunch:

Ham and Cheese on  
Wheat<sup>WG</sup>, Carrot  
Sticks<sup>A</sup>, Oranges<sup>C</sup>,  
Milk

#### PM Snack:

Wheat Thins<sup>WG</sup>,  
String Cheese, Water

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source

"This institution is an equal opportunity provider."