

# Hillcrest Christian Early Learning Center

## Lunch and Snack Menu

August 1st - 5th

### Monday

#### **AM Snack:**

Wheat Toast<sup>I,WG</sup> with  
Jelly, Milk

#### **Lunch:**

Chicken and Rice,  
Mixed Veggies,  
Apples, Milk

#### **PM Snack:**

Goldfish Crackers,  
Assorted Juices<sup>C</sup>

### Tuesday

#### **AM Snack:**

Apple Cinnamon  
Cereal<sup>I,WG</sup>, Milk

#### **Lunch:**

Chicken Quesadillas,  
Salad Mix<sup>A</sup>, Mixed  
Fruit<sup>C</sup>, Milk

#### **PM Snack:**

Goldfish Graham  
Crackers, Milk

### Wednesday

#### **AM Snack:**

Animal Crackers, Milk

#### **Lunch:**

Turkey and Cheese on  
Wheat<sup>I,WG</sup>, Peas,  
Pears, Milk

#### **PM Snack:**

Chocolate Chip Bread,  
Assorted Juices<sup>C</sup>

### Thursday

#### **AM Snack:**

Bagel with Cream  
Cheese, Milk

#### **Lunch:**

Cheese Pizza<sup>I,WG</sup>,  
Corn, Peaches<sup>A</sup>, Milk

#### **PM Snack:**

Assorted Crackers,  
Cheese Slice,  
Assorted Juices<sup>C</sup>

### Friday

#### **AM Snack:**

Waffle<sup>I,WG</sup>, Milk

#### **Lunch:**

Chicken Strips<sup>WG</sup>,  
Green Beans,  
Pineapple<sup>C</sup>, Milk

#### **PM Snack:**

Cucumbers with  
Ranch, Ritz Crackers,  
Water

"This institution is an equal opportunity provider."

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source