

# Hillcrest Christian Early Learning Center

## Lunch and Snack Menu

October 30th-November 3rd, 2023

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>AM Snack:</b> Corn Puff Cereal <sup>I.WG</sup> , Milk	<b>AM Snack:</b> Graham Crackers, Milk	<b>AM Snack:</b> Pancake <sup>I.WG</sup> , Milk	<b>AM Snack:</b> Yogurt with Strawberries <sup>C</sup> , Milk	<b>AM Snack:</b> Animal Crackers, Milk
<b>Lunch:</b> Chicken and Cheese Quesadilla, Mixed Veggies, Pears, Milk	<b>Lunch:</b> Chili with Beef and Beans, Saltine Crackers, Corn, Applesauce <sup>C</sup> , Milk	<b>Lunch:</b> Turkey and Cheese on Wheat <sup>I.WG</sup> , Carrot Sticks <sup>A</sup> , Peaches, Milk	<b>Lunch:</b> Chicken Tortellini <sup>I</sup> with Alfredo Sauce, Peas, Mixed Fruit, Milk	<b>Lunch:</b> Hamburger on Wheat Bun <sup>I.WG</sup> , Green Beans, Mandarin Oranges <sup>A</sup> , Milk
<b>PM Snack:</b> Apples <sup>C</sup> with Sunflower Butter, Water	<b>PM Snack:</b> Watermelon <sup>C</sup> , Assorted Crackers, Water	<b>PM Snack:</b> Trail Mix (Cheerios, Pretzels, GoldFish), Oranges <sup>C</sup> , Water	<b>PM Snack:</b> Ritz Crackers, Bananas <sup>C</sup> , Water	<b>PM Snack:</b> Tortilla Chips <sup>I.WG</sup> with Cheese Dip, Apple Juice <sup>C</sup>

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source

"This institution is an equal opportunity provider."