

Hillcrest Christian Early Learning Center

Lunch and Snack Menu

October 2nd-6th, 2023

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
AM Snack: Corn Puff Cereal ^{I.WG} , Milk	AM Snack: Pancake ^{I.WG} , Milk	AM Snack: Graham Crackers, Milk	AM Snack: Yougurt with Strawberries ^C , Milk	AM Snack: Animal Crackers, Milk
Lunch: Chicken and Cheese Quesadilla, Mixed Veggies, Pears, Milk	Lunch: Chili with Beef and Beans, Saltine Crackers, Corn, Applesauce ^C , Milk	Lunch: Turkey and Cheese on Wheat ^{I.WG} , Carrot Sticks ^A , Peaches, Milk	Lunch: Chicken Tortellini ^I with Alfredo Sauce, Peas, Mixed Fruit, Milk	Lunch: Hamburger on Wheat Bun ^{I.WG} , Green Beans, Mandrain Oranges ^A , Milk
PM Snack: Celery Sticks with Sunflower Butter, Apple Juice ^C	PM Snack: Watermelon ^C , Assorted Crackers, Water	PM Snack: Trail Mix (Cheerios, Pretzels, GoldFish), Oranges ^C , Water	PM Snack: Ritz Crackers, Bananas ^C , Water	PM Snack: Tortilla Chips ^{I.WG} with Cheese Dip, Apple Juice ^C

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source

"This institution is an equal opportunity provider."