Hillcrest Christian Early Learning Center

Lunch and Snack Menu

July 31st - August 4th, 2023

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
AM Snack:	AM Snack:	AM Snack:	AM Snack:	AM Snack:
Bagel with Cream Cheese, Milk	Whole Wheat English Muffin with Melted Cheese, Milk	Apple Cinnamon Cereal ^{I,W6} , Milk	Graham Crackers, Milk	Breakfast Bites ^{I,WG} , Milk
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Chicken Rotini ^{I,WG} Alfredo, Mixed Veggies, Apples, Milk	Cheese Pizza ^{I,WG} , Corn, Mixed Fruit, Milk	Beef Ravioli, Salad Mix ^A , Pears, Wheat Roll, Milk	Beef Bologna and Cheese on Wheat ^{I,WG} , Carrot Sticks ^A , Oranges ^C , Milk	Macaroni and Cheese with Little Smokies, Peas, Pineapple ^c , Milk
PM Snack:	PM Snack:	PM Snack:	PM Snack:	PM Snack:
Goldfish Crackers, Apple Juice ^c	Animal Crackers, Bananas ^c , Water	Ritz Crackers, Cantaloupe ^C , Water	Chex Mix, Apple Juice ^c	Assorted Crackers, Cheese Slice, Water

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source

"This institution is an equal opportunity provider."