

# Hillcrest Christian Early Learning Center

## Lunch and Snack Menu

November 13th-17th, 2023

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>AM Snack:</b>	<b>AM Snack:</b>	<b>AM Snack:</b>	<b>AM Snack:</b>	<b>AM Snack:</b>
Waffles, Milk	Cinnamon Toast <sup>I.WG</sup> , Milk	Sausage on English Muffin, Milk	Brown Sugar Oatmeal, Milk	Yogurt with Blueberries, Milk
<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>
Pizza Pita Pocket <sup>IA</sup> , Corn, Applesauce, Milk	Chicken Nachos, Salad Mix, Mixed Fruit, Milk	Ham and Cheese Wraps <sup>I.WG</sup> , Carrot Sticks <sup>A</sup> , Apricots <sup>C</sup> , Milk	Salsbury Steak, Mashed Potatoes, Wheat Roll <sup>I.WG</sup> , Pineapple <sup>C</sup> , Milk	Bean and Cheese Burrito <sup>I.WG</sup> , Corn, Pears, Milk
<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>	<b>PM Snack:</b>
Trail Mix (Chex Cereal, Craisins, Goldfish), Apple Juice <sup>C</sup>	Chex Mix, Apple Juice <sup>C</sup>	Wheat Thins, Cheese Sticks, Water	Cantaloupe <sup>C</sup> , Assorted Crackers, Water	Animal Crackers, Apple Juice <sup>C</sup>

Ages 12 months-24 months are served unflavored whole milk. Ages 2 years and over are served unflavored 1% milk.

C = Vitamin C source

A = Vitamin A source

I = Iron source

WG = Whole Grain source

"This institution is an equal opportunity provider."