

Kansas Department of Health and Environment

Child Care Licensing and Registration Program
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Child Health Assessments

Your child should be seen during the preschool years by a health professional according to the following schedule:

At Birth	6 Months	18 Months	Then 1
1 Month	9 Months	24 Months	per year
2 Months	12 Months		until the
4 Months	15 Months		age of 20

Every child should be seen at least 13 times from birth to school entry. A careful examination of the eyes and ears should be included in the assessment.

Dental Health

A child's initial visit to a dentist should take place within 6 months after the first tooth can be seen, but no later than 1 year of age. Following the initial visit, regular check-ups should be scheduled every 6 months (or twice a year).

In communities where the drinking water is not fluoridated, a dentist should be consulted about an age appropriate fluoride treatment plan.

Social-Emotional Health

Caring for your child's social and emotional health is also an essential part of raising a healthy child. To learn more about age appropriate development tasks as well as ideas for encouraging healthy social and emotional growth, visit:

www.brightfutures.org/mentalhealth/pdf/tools.html#families

Safety

Providing your child with a safe environment to grow is an important part of raising a healthy child. For information about safety precautions and more, visit:

www.kdheks.gov/safekids/

Well-Child Visits Should Include:

- A. Discussion of your child's physical and behavior problems with the physician.
- B. A Health Assessment of your child by the physician or nurse approved to perform Health Assessments.

Including important screenings such as vision, hearing and blood tests.
- C. Immunizations

Make sure your child has the necessary immunizations for his/her age. This is important for your child's health.

Many childhood diseases can be prevented with regular health care visits and up-to-date immunizations.

Discuss with your child's physician the appropriate course of immunizations.

Your child's physician will also provide you with Vaccine Information Statements (VISs) prepared by the Centers for Disease Control (CDC) regarding certain vaccinations your child will be given.

Repeat immunizations as recommended by the Kansas Department of Health and Environment.

Your child's physician may also discuss new vaccines with you as they become available.
- D. Discussion of your child's health history since the last visit.
- E. Written instructions concerning your child's care, diet and recommendations for the solution of any special health problems.
- F. Referrals when necessary to other persons for special services.
- G. Appointment for next Well-Child Visit.